

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
**			BSC 7am - 9am 1 ASC 3pm - 6pm TUTORING 3:30 - 6pm Flag Football @ Liberty Arena 4pm-5pm Speed, Agility & Quickness 6pm -7pm	BSC 7am - 9am 2  ASC 3pm - 6pm TUTORING 3:30 - 6pm Strength & Conditioning 6pm -7pm Flag Football @ Firetree Place 7pm-8pm	BSC 7am - 9am ASC 3pm - 6pm FRESH EXPRESS 12:30pm-2pm	Speed, Agility & Quickness 11am-12pm Youth Open Gym 12pm-1pm Adult Open Gym 1pm-3pm
5 Adult Flag Football @ Liberty Arena 7pm-9pm	BSC 7am - 9am ASC 3pm - 6pm TUTORING 3:30 - 6pm Speed, Agility & Quickness 6pm -7pm	7 BSC 7am - 9am ASC 3pm - 6pm TUTORING 3:30 - 6pm Strength & Conditioning 6pm -7pm	BSC 7am - 9am 8 ASC 3pm - 6pm TUTORING 3:30 - 6pm Flag Football @ Liberty Arena 4pm-5pm Speed, Agility & Quickness 6pm-7pm	BSC 7am - 9am 9 ASC 3pm - 6pm TUTORING 3:30 - 6pm Strength & Conditioning 6pm -7pm Flag Football @ Firetree Place 7pm-8pm	BSC 7am - 9am ASC 3pm - 6pm FRESH EXPRESS 12:30pm-2pm	Speed, Agility & Quickness 11am-12pm Football Banquet 12pm-2pm
Adult Flag Football @ Liberty Arena 7pm-9pm	BSC 7am - 9am ASC 3pm - 6pm TUTORING 3:30 - 6pm Speed, Agility & Quickness 6pm -7pm	BSC 7am - 9am ASC 3pm - 6pm TUTORING 3:30 - 6pm Strength & Conditioning 6pm -7pm	BSC 7am - 9am 15  ASC 3pm - 6pm  TUTORING 3:30 - 6pm  Flag Football @ Liberty Arena 4pm-5pm  Speed, Agility & Quickness 6pm -7pm	BSC 7am - 6pm 16  ASC 3pm - 6pm TUTORING 3:30 - 6pm Strength & Conditioning 6pm - 7pm Flag Football @ Firetree Place 7pm-8pm	BSC 7am - 9am ASC 3pm - 6pm FRESH EXPRESS 12:30pm-2pm	1
Adult Flag Football @ Liberty Arena 7pm-9pm	BSC 7am - 9am ASC 3pm - 6pm TUTORING 3:30 - 6pm Speed, Agility & Quickness 6pm -7pm	BSC 7am - 9am ASC 3pm - 6pm TUTORING 3:30 - 6pm Strength & Conditioning 6pm -7pm	MEMBER DAY TUTORING (TIME TBD)  Speed, Agility & Quickness 6pm -7pm	23 STAFF IN-SERVICE DAY  NO YOUTH PROGRAMS	FIRETREE PLACE CLOSED NO FRESH EXPRESS	HAPPY HOLIDAYS!
26	27 FIRETREE PLACE CLOSED	MEMBER DAY TUTORING (TIME TBD) Strength & Conditioning 6pm -7pm	MEMBER DAY TUTORING (TIME TBD) Flag Football @ Liberty Arena 4pm-5pm Speed, Agility & Quickness 6pm -7pm	MEMBER DAY TUTORING (TIME TBD) Strength & Conditioning 6pm -7pm Flag Football @ Firetree Place 7pm-8pm	31 FIRETREE PLACE CLOSED NO FRESH EXPRESS	***

FIRETREE PLACE CLOSED/MEMBER DAYS RED:

CLOSED→DECEMBER 24th, 27th and 31th - IN OBSERVANCE OF CHRISTMAS EVE /CHRISTMAS DAY/NEW YEARS DAY

MEMBER DAYS→DECEMBER 22<sup>nd</sup>, 28<sup>th</sup>, 29<sup>th</sup> & 30<sup>th</sup> →8:00 am - 5:00pm

STAFF IN SERVICE→ DECEMBER 23rd

**PURPLE:** YOUTH PROGRAMS

> BEFORE SCHOOL CARE→MONDAY - FRIDAY→7:00am-9:00am AFTER SCHOOL CLUB → MONDAY - FRIDAY→3:00pm-6:00pm

NO YOUTH PROGRAMS→ DECEMBER 23<sup>rd</sup>

GREEN: FOOD PROGRAMS

FRESH EXPRESS→FREE FOOD FOR COMMUNITY→FRIDAYS: 12:30pm-2pm→@ FIRETREE PLACE PAVILLION

NO FRESH EXPRESS→FRIDAY, DECEMBER 24th & 30th

**ORANGE: EDUCATIONAL PROGRAMS** 

> TUTORING YOUTH→ Math and Reading tutoring services are offered to the youth in our After-School Club program through registration. Tutoring takes place Monday thru Thursday during After-School Club between the hours of 3:30-6pm. Each child registered will receive services in half-hour increments once a week during the school year at no additional cost.

**BLUE**: OUTDOOR BASKETBALL COURTS CLOSED FOR THE SEASON →WILL REOPEN IN THE SPRING

Monday & Wednesday → Speed, Agility & Quickness → 6pm-7pm → Saturday → Speed, Agility & Quickness → 11am-12pm RECREATION →

> Tuesday & Thursday → Strength & Conditioning → 6pm-7pm Wednesday → Flag Football @ Liberty Arena → 4pm-5pm Thursday → Flag Football @ Firetree Place →7pm-8pm

Saturday → December 4<sup>th</sup> → Youth Open Gym → 12pm-1pm-3pm

Saturday → December 11<sup>th</sup> → Football Banquet → 12pm-2pm

Sunday→Adult Flag Football @ Liberty Arena→ 7pm-9pm









Johnson Chiropractic













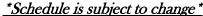












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